

Brain Gym Training Level Two – Brain Gym Integration Facilitator (BGMF + 200 hours)

Learn how to facilitate children and adults needing to be more integrated in their learning skills. You will work with children needing assistance in their learning and concentration skills, coordination, balance, handwriting, focus and attention span, to name but a few of the areas where you can work.

You will attend the following modules 20 days in total

Visioncircles	3 days
Optimal Brain Organization	3 days
Early childhood reflexes	3 days
InSynch	3 days
Core Muscle Activation	3 days
Play, sleep and nutrition	2 days
Manual Dexterity and handwriting	3 days

You are required to do two hours of practical work for each day of training = 40 hours of practical work in an area of special needs e.g. A school for learning difficulties, a school for special needs, or a school for disadvantaged children. You will answer 400 questions in an open book study (20 questions per day)

To exit at this level, you are required to complete a one day NHTS Business Building course for Brain Gym Integration Facilitators.

You will be examined by an external examiner to qualify to become a Brain Gym Integration Facilitator. You can exit and work while doing the next level of training. In this way, you earn while you learn.

You will sign a license agreement with Brain Gym South Africa to use the Brain Gym material in your own business. You can then go out and start a private practice working with adults and children with special needs as a Brain Gym Integration Facilitator under supervision of your Level Two Instructor. Email me for a free copy of my report: Ten steps to move beyond ADHD

[Hyperlink Visioncircles –Module Objectives](#)

Understanding the role of the eight vision circles in learning

SPACE - Preparing your eyes and body for effective learning and function

How to use an Action Balance for creating the space to learn

How to use an Action Balance for creating the space to move

How to use an Action Balance for creating the space to listen

How to use an Action Balance for creating the space to grow

How to use an Action Balance for creating the space to create

How to use an Action Balance for creating the space within

How to use an Action Balance for creating the space to relate

How to use an Action Balance for creating the space to see patterns and the bigger picture

Experience the Vision Gym Movements and understand their groupings

How to apply the Vision Gym movements to improve visual skills for more effective learning and function

Using the Gravity Balance for improving posture and body control in sitting and moving

How to use daily activities to create new habits of attention and focus to improve concentration
How to develop daily habits for improved work efficiency at the computer

Learn how to use games to improve visual skills for children

How to balance for seeing with your whole brain

[Hyperlink – Optimal Brain Organization –Module Objectives](#)

Course Objectives

Understanding the Concept of Optimal Brain Organization

Understanding Hemispheric Specialization and sidedness of function

What is Visual Specialization and how does it apply to learning and function

What is Auditory Specialization and how does it apply to learning and function.

How to do a Brain Profile and how to interpret Individual Learning Profiles

Identifying the language brain for expression through language style and writing grip

Experiencing conscious sensory organization - Identifying the learning styles for the three dimensions

Using the X-span balance to access your resource state for peak performance

[Hyperlink Early Childhood Reflexes –Module Objectives](#)

Understanding how the reflexes develop and emerge in the womb and how they develop after birth
How to observe the clients behaviour to identify the levels of reflex integration
How to balance for Fear Paralysis Reflex using Brain Gym Movements and Reflex Movements
How to balance for Moro Reflex using Brain Gym Movements and Reflex Movements
How to balance for Palmar Reflex using Brain Gym Movements and Reflex Movements
How to balance for integration of Plantar Reflex using Brain Gym Movements and Reflex Movements
How to balance for integration of Tonic Labyrinthine Reflex using Brain Gym Movements and Reflex Movements
How to balance for integration of Asymmetrical Tonic Neck Reflex using Brain Gym Movements and Reflex Movements

How to balance for integration of Spinal Galant Reflex using Brain Gym Movements and Reflex Movements
How to balance for integration of Rooting and Sucking Reflex using Brain Gym Movements and Reflex Movements
How to balance for integration of Babinski Reflex using Brain Gym Movements and Reflex Movements
How to balance for integration of Symmetrical Tonic Neck Reflex using Brain Gym Movements and Reflex Movements
How to balance for integration of Vestibular Reflex using Brain Gym Movements and Reflex Movements
How to balance for improving eye movements using Brain Gym Movements and Reflex Movements
Which Reflex Movements to use to enhance reflex integration in the classroom and workplace

[Hyperlink In Synch 1 – Module Objectives](#)

Comparing Brain Gym and Sensory Integration
Playing and moving to awaken the senses
Understanding the importance of the senses in learning
How to integrate the cranial sacral connection to learning and function
How to integrate the Vestibular System connection to learning and function
How to integrate the Proprioceptive System connections to learning and function
How to integrate the Ocular System Connections to learning and function
How to integrate the Auditory System Connections to learning and function
How to integrate the Tactile System Connections to learning and function
How to integrate the Olfactory System Connections to learning and function
How to use In Synch Balance format for Integrating the Senses for more effective learning and function

[Hyperlink – Core Muscle Activation
Module Objectives](#)

- Identifying the core muscles
- Connecting core muscles with meridians
- Assessing core muscle status
- Balance and the core muscles

Gross motor coordination
Games for core muscle activation
Waking up the flat muscles
Increasing speed of motor output
Balance for core muscle activation
Applications in the classroom and sports field

[Hyperlink – Play, nutrition and sleeping –Module Objectives](#)

The rooting and sucking reflex and its role in feeding
The Tropical Island Diet for good nutrition for kids
Balance for Rooting and Sucking Reflex
Babkin Pulmental Reflex and its role in feeding
Sleeping patterns and the meridians
Bedtime routine for children
Play and its role in learning

[Hyperlink Manual Dexterity and Hand writing Course Objectives](#)

Understand how the hand develops
The Palmar Reflex and its role in hand development
The link between the hands and feeding
The hands and proprioceptive development
The hands and tactile development
Te Hands Pulling reflex and its role in handwriting development
The role of the hand development in stuttering
Developing pencil grip
Fine finger manipulation
Fine motor coordination
Preparing for handwriting
Improving handwriting