

Brain Gym Instructor:

Students can use the Brain Gym Extension Level to begin Brain Gym Instructor Training to teach Brain Gym Level One.

Students learn how to teach the BGMF work. They study 100 hours of anatomy and physiology and co-teach the Brain Gym Introduction, BG 101 and Reflexes and Senses courses. They submit an assignment of self study of a particular project.

Hyperlink:

Brain Gym Instructor Objectives of Training

Learn how to become an empowered individual

Learn how to become an empowered teacher

Learn how to work co-creatively as a trainer

Learn how to be an empowered networker

Learn how to set up a Brain Gym training business

Anatomy and Physiology

Co-teach the BGMF work